



BREAKFAST 9am - 12pm

BAKERY, FRUIT, YOGHURT

Pastries	2
Slice of the day	2
Cake of the day	2
Fruit salad (vg)	5
House granola , greek yoghurt, raw honeycomb (v)	6
Coconut rice bowl , mango, pumpkin seeds	7

WAFFLES

Classic waffles served with	
Fruit compote , crème fraîche	8
Banana, bacon , maple syrup	8

EGGS

Eggs any style on toast (v)	6
Tofu scramble , spicy tomato sauce (vg)	7
Avocado on toast (v)	6
Florentine (v) / Benedict / Royale ..	8 / 9 / 10
Poached eggs , avocado, chili, on toast (v) .	9
Smoked salmon , scrambled eggs	10
Wild mushrooms , fried egg on toast	10

SIDES

Spinach / Tomato (v, vg, gf)	3
Bacon / Black pudding	3
Chorizo / Smoked salmon	4
Herb potato / Avocado / Wild mushrooms (v, vg, gf)	4

BARBER'S BREAKFAST

Fried egg, black pudding, chorizo, bacon, herb potatoes, avocado, tomato, toast 11

Vegetarian option available 11

Some of our dishes can be adjusted to cater for dietary or allergy requirements

TEA

Canton Tea Co	3
English Breakfast / Earl Grey / Green Peppermint / Chamomile / Jasmine / Chai	
Fresh mint tea	3
Matcha tea	3
Ice tea	3
Matcha ice tea	3

COFFEE

Espresso / Americano / Macchiato	2.5
House brew filter coffee	2.5
Cappuccino / Latte / Flat white	3
Mocha / Hot chocolate	3
Turmeric latte/ Matcha latte	3
Sandow Cold Brew	4
Soya / Almond / Oat / Decaf	0.4

All tea & coffee available over ice

JUICE

Orange / Apple / Grapefruit / Cranberry / Tomato	3
---	---

WIFI Password — 64redchurch

HOUSE PRESS all at 4.5

Recovery moringa, ginger, kiwi, lemongrass, pineapple, cucumber, lime

Citrus grapefruit, orange, lemon, turmeric, cayenne pepper

Ginger green apple, lemon

Red beetroot, carrot, ginger, pineapple, orange, lemon, apple

Green kale, apple, cucumber, celery, pineapple, lemon, spinach, parsley, ginger

Hard Red tomato, carrot cucumber, celery, red pepper, lemon, beetroot, apple cider vinegar, cayenne pepper, sea salt

Hard Green broccoli, cucumber, celery, lemon, spinach, parsley, ginger

HOUSE SHAKES all at 5

Matcha, pistachio, cashew, vanilla, coconut oil, dates, himalayan salt

Mocha cold brew coffee, raw cacao, cashew, mct, reishi, vanilla, dates, himalayan salt

Almond+ cocoa nibs, almond butter, banana, dates, vegan protein, maca, vanilla,

SMOOTHIES all at 6

Mango & Turmeric coconut milk, almond milk,

Coffee & Banana dates, cacao, coconut milk, almond milk, protein, espresso

Greens & Avocado kiwi, banana, spinach, mint, protein, spirulina, coconut

Apple & Oats banana, cinnamon, protein, almond milk, chia seeds

Beetroot & Charcoal Raspberries, banana, proteins, almond milk, pollen grains

barberandparlour.com #barberandparlour @ElectricCinemas

A 12.5% discretionary service charge will be added to your bill.